



## O'er the Bows to Ballindalloch

Strathspey

Traditional

Points to consider when playing this strathspey are:

**First part:** Observe four beats to the bar all the way through. Pay good attention to each full beat high A quarter note before executing the next beat with the grip on dotted high A and held well as for almost all dotted notes followed by a relatively very short F yet clearly. The first bar and third bars third to fourth beat two very short notes one after the other should have a slight relaxation on the D first of the two, then clear high G grace note on the shorter E in practise to the long dotted F. Note similarly successive two short notes again in the four bar, F and B. Feel subtly the first beat in each bar just in your mind to help with the controlled regular bouncing rhythm of the dance without being overdone. All as demonstrated in the audio and video.

**Second part:** This is more straightforward in paying attention to the relatively good duration on the dotted notes and clear very short notes without hacking, especially the short B and low A beginning of bars one and three as in the audio and video.